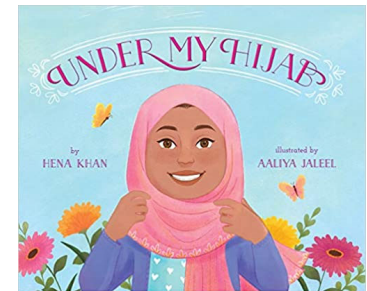
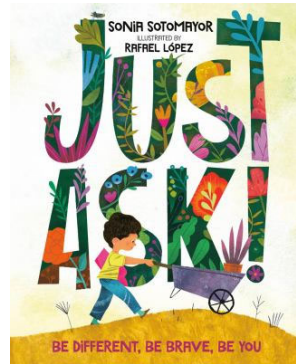
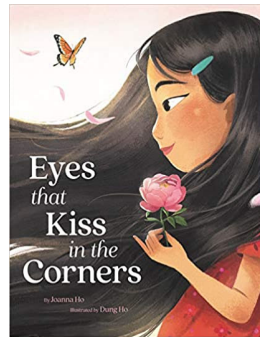
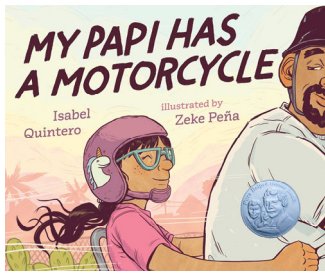


Joy & Self-Love Book Kit Contents

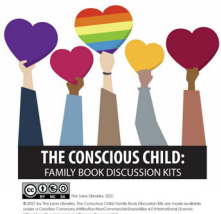


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- 1 Set of Discussion Cards
- 4 Books:



Let us know what you think about this book kit!
Scan the QR code to access our survey.

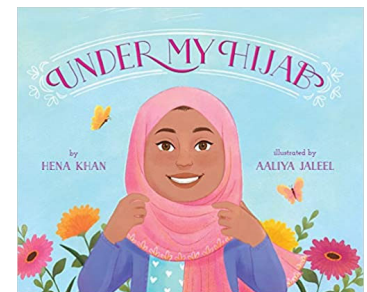
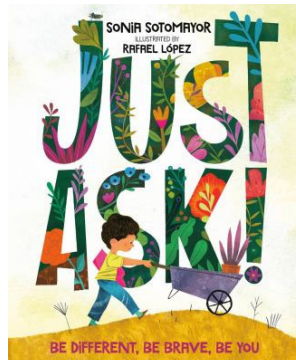
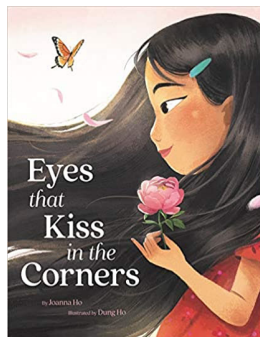
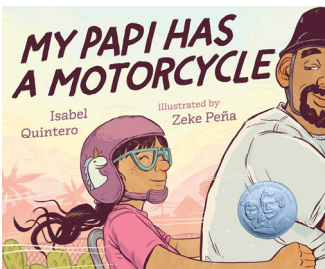


Joy & Self-Love Book Kit Contents



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- 1 Set of Discussion Cards
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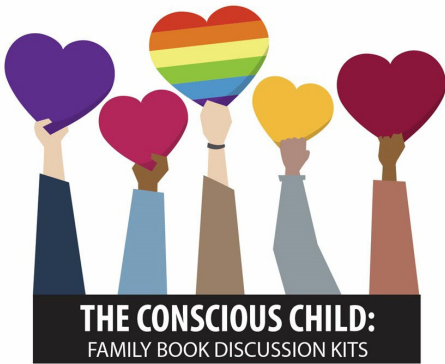


Let us know what you think about this book kit!
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JOY & SELF-LOVE

● Suggested for ages 4-7 ●



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The aims of The Conscious Child: Family Book Discussion Kits are: 1) To celebrate diverse voices; and 2) to help facilitate family discussions about racial equity, identity, and justice. Included in this kit are discussion questions for each book, and a list of further recommended reading.

CHECK OUT THESE KITS TOO!

- Identity & Belonging
- Immigration & Refugees
- Solidarity & Activism



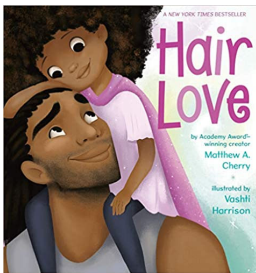
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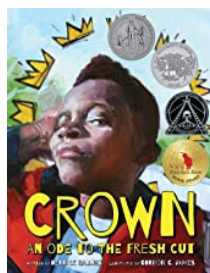
Developed resources reported in this book kit are supported by the National Library of Medicine (NLM), National Institutes of Health (NIH) under cooperative agreement number UG4LM013725 with University of Washington. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.

JOY & SELF-LOVE

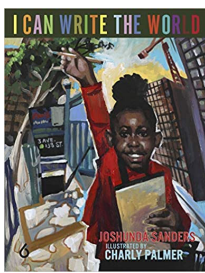
Further Recommended Reading



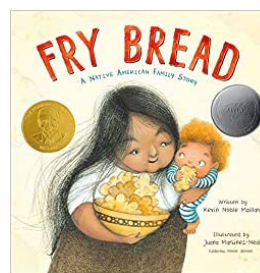
● **Hair Love** by Matthew Cherry



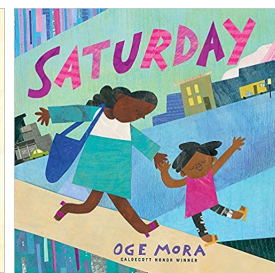
● **Crown: An Ode to the Fresh Cut**
by Derrick Barnes



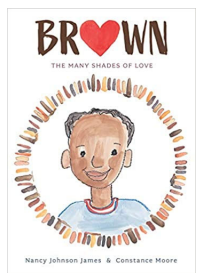
● **I Can Write the World**
by Joshunda Sanders



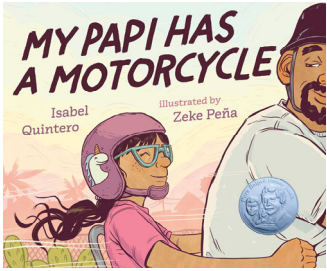
● **Fry Bread: A Native American Family Story**
by Kevin Noble Maillard



● **Saturday** by Oge Mora



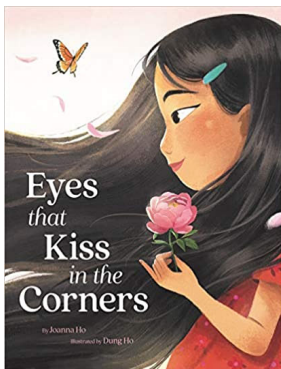
● **Brown: The Many Shades of Love**
by Nancy Johnson James



MY PAPI HAS A MOTORCYCLE by Isabel Quintero

DURING/AFTER READING:

- What relatives live near you? Grandparents? Uncles? Aunts? Cousins?
- How does Daisy feel about her ritual of riding around town on Papi's motorcycle? Do you have any special rituals with your family?
- What is Daisy's favorite part of their ride? What are your favorite parts of your community?
- What languages do the characters in the book speak? What are some of the languages you've heard people speak in your community?
- At the end of the book Daisy says, "I think about my city and all the changes it's been through. And all the changes that will come." What kinds of changes has your community gone through. What kinds of changes might it experience in the future?
- Read the "Author's Notes" at the end of the book. Discuss the history of your community and the people who have built and formed it.



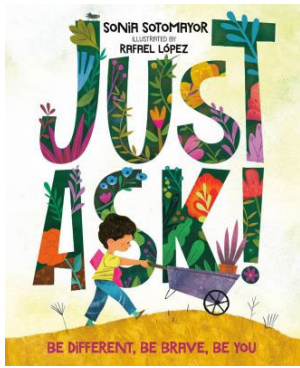
EYES THAT KISS IN THE CORNERS by Joanna Ho

BEFORE READING:

Adults: This story is about noticing and celebrating the beauty of our family traits. Listen and look for ways to girl celebrates who she is. Ask your child(ren) what are some things make them the same and different from their friends. Show them the illustrations. Notice the flowers throughout the book. Ask your child how they think the flowers add to the meaning of the book.

DURING/AFTER READING:

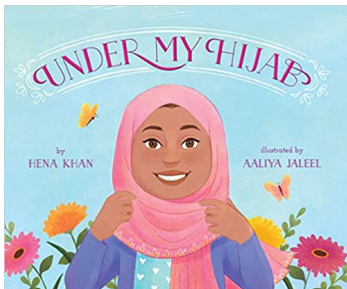
- We are all beautiful and unique in our own way. Looking at the illustrations, what heritage or culture is beaming from the girl's beauty?
- What words does the girl use to describe her eyes? How would you describe your eyes?
- Amah and the girl's mother make her and her little sister feel special. Who in your life makes you feel special? How do they make you feel special. How can you make others fee that way?
- What is your favorite illustration in the book? Why? How does it make you feel?



JUST ASK!: BE DIFFERENT, BE BRAVE, BE YOU **by Sonia Sotomayor**

DURING/AFTER READING:

- What makes each of us unique? Perhaps you are really good at something?
- Do you do anything special with your hair? Or have a favorite hairstyle?
- How can you learn more about other people? What types of questions would you ask them? How do you feel asking those questions?
- How are you the same or different than the kids in the book? How does that make you feel?
- What is something that makes you different from other people in your family? In your classroom? How do our differences make our communities more interesting and fun?



UNDER MY HIJAB by Hena Khan

BEFORE READING:

Adults: Read the author's interview (scan QR code) as she speaks about educating others about hijabs and being Muslim American. Discuss what is a hijab. Explain its purpose/significance.



DURING/AFTER READING:

- What are some of the different activities the characters do with and without a hijab?
- What specific piece of clothing is important to you? What is its meaning to you?
- Create an artwork of your favorite piece of clothing.